



Tools For Action

A sample of physical education initiatives in Wisconsin

Healthy Kids Unit

Contact Information

Main Contact Person
Pat Witkowski
Title of Main Contact
Elementary Physical Education Teacher
School Name
Summit Elementary School
School District Name
Oconomowoc Area School District
Contact Phone Number
262-560-8300
Contact Email Address
gwit@charter.net

Program Information

Program Name
Healthy Kids Unit
Program Category
Integration of PE class with academic classes
Grade Level
K-2
Assessment Method
No formal assessment

Program Information

Products Developed or Materials Used:

Program Description:

Games and activities that teach nutrition and other healthy lifestyle choice issues.

For information on other **Physical Education Best Practices**, visit the website at:
<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at jon.hisgen@dpi.state.wi.us

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:
<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at brian.weaver@dpi.state.wi.us

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:
<http://dhfs.wisconsin.gov/health/physicalactivity/>
or contact staff at: Meineam@dhfs.state.wi.us (Amy Meinen, Nutrition Coordinator)
Morgaig@dhfs.state.wi.us (Jon Morgan, Physical Activity Coordinator)
Pesikme@dhfs.state.wi.us (Marv Pesik, Program and Grant Coordinator)